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## EUROPEAN COURT OF HUMAN RIGHTS AND COVID-19: WHAT ARE STANDARDS FOR HEALTH EMERGENCIES?

**Keywords:** European Court of Human Rights, COVID-19, emergency, proportionality

### Summary

The European Court of Human Rights is currently facing a challenge in dealing with numerous applications linked to the COVID-19 pandemic and the related restrictions aiming to protect human life and health, which, at the same time, limit some of the most important human rights and fundamental freedoms. Legal scholars have voiced different views as to the complexity of this task, invoking the previous case law on infectious diseases and on military emergencies to infer standards that would be transferrable to COVID-19-related cases, or the margin of appreciation of domestic authorities pertaining to health care policy as the approaches ECtHR could take in this respect. The present paper argues that the ECtHR would be well advised to resort to a more systemic integrated approach, which implies the need to consider obligations emanating from other health-related international instruments in setting the standards against which it will assess the limitations of human rights during the COVID-19 outbreak. Hence, the authors reflect on the potential contribution of the integrated approach to the proper response of the ECtHR in times of the pandemic. The review shows that both the ECtHR's caselaw on the integrated approach, as well as its theoretical foundation leave enough room for a wide application by the ECtHR of the right to health, and likewise – soft law standards emanating from the various public health-related instruments, when adjudicating cases dealing with the alleged violations of human rights committed during the COVID-19 outbreak. Subsequently, the paper critically assesses to what extent the ECtHR has taken into account the right to health-related instruments in its previous case law on infectious diseases. This is followed by a review of the existing, albeit sparse, jurisprudence of the ECtHR in its ongoing litigations pertaining to restrictions provoked by COVID-19 pandemic, viewing them also in the context of the integrated approach. The analysis shows that ECtHR did not systemically utilize the integrated approach when addressing the right to health, even though it did seem to

acknowledge its potential. The authors then go on to scrutinize the relevant health emergency standards stemming from international documents and to offer them as a specific guidance to the ECtHR regarding the scope of the right to health which will help in framing the analysis and debate about how the right to health is guaranteed in the context of COVID-19. Consequently, building on the proposed integrity approach, examined theoretical approaches, and standards on the right to health acknowledged in relevant supranational and international instruments, the authors formulate guidance on the path to be taken by the ECtHR.

## Introduction

The current COVID-19 pandemic has pushed a number of States Parties to the European Convention on Human Rights (ECHR) to limit some of the most important human rights and fundamental freedoms, which are protected by the ECHR by putting in place COVID-19 restrictions predominantly aimed to protect human life and health. Some of those emergency measures have been already challenged at national and supranational levels.

Since applicants can bring complaints before the European Court of Human Rights (ECtHR) only after exhausting internal remedies, most applications lodged in response to the national restrictions of human rights that were imposed due to the COVID-19 outbreak are still pending before national courts and are expected to reach the ECtHR in the near future. The ones that have reached the ECtHR and the ensuing ECtHR practice already show the diversity of rights and testify to the difficult task faced by the ECtHR.<sup>1</sup> These applications raise questions under a broad range of ECHR provisions, including, but not limited to those pertaining to the right to life, the prohibition of torture and inhuman or degrading treatment, the right to liberty and security, the right to a fair trial, and the right to respect for private and family life. As of October 2021, there are over forty applications submitted to the ECtHR in relation to the COVID-19 health crisis. Most applications that have been brought before the ECtHR are yet to be judged. It is noteworthy that out of the cases in which a decision has been rendered, ECtHR found the violation of the ECHR rights only in one case, while all other applications were declared inadmissible.

There are differences in opinion regarding the extent of challenge the ECtHR is to face in response to COVID-19. Some authors argue that the ECtHR will not be faced with a difficult task, given that its case law on infectious diseases and public health issues is easily applicable to the current COVID-19 situation.<sup>2</sup> Others

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<sup>1</sup> Gambardella I. The COVID-19 pandemic and human rights: The European Court of Human Rights as the last resort for judicial oversight? 2021. Available: <https://www.iee-ulb.eu/en/blog/articles/the-covid-19-pandemic-and-human-rights-the-european-court-of-human-rights-as-the-last-resort-for-judicial-oversight/> [viewed 19.10.2021.].

<sup>2</sup> See, for instance: Tsampi A. Public Health and the European Court of Human Rights: Using Strasbourg's Arsenal in the COVID-19 Era. 2020. Available: <https://www.rug.nl/rechten/onderzoek/expertisecentra/ghlg/blog/public-health-and-the-european-court-of-human-rights-27-03-2020?lang=en> [viewed 18.09.2021.].

claim that the COVID-19 is the first pandemic the ECtHR has had to grapple with, and that the previous case law on public health and infectious diseases is sparse and as such – of minimal help with regard to the reviewing the limitations of human rights provoked by the COVID-19 outbreak.<sup>3</sup> In that context, some legal scholars offer the case law on military emergencies to infer standards that would be transferrable to the health emergency<sup>4</sup> triggered by the COVID-19 pandemic.<sup>5</sup> This approach does not seem optimal, as it neglects and misunderstands the specifics of the current pandemic and the distinction between health and military emergencies. Other scholars invoke and try to apply to COVID-19 situations the ECtHR dictum in *Shelley v the United Kingdom* according to which “[m]atters of health care policy [...] are in principle within the margin of appreciation of the domestic authorities who are best placed to assess priorities, use of resources and social needs”.<sup>6</sup> This approach also has some drawbacks, as it entails a danger of recognizing a broad margin of appreciation related to issues that are not only capable of having a profound adverse impact on human rights but are also inherently trans-national, given that the threat of COVID-19 is universal. Hence, the ECtHR’s intervention in these cases is particularly necessary.

Taking as a starting point the literature dealing with the unprecedented situation encountered by the ECtHR in applying a proportionality test to accommodate emergency coronavirus measures, the authors of this paper will argue that the ECtHR would be well advised to resort to a more systemic integrated approach, which implies the need to consider obligations emanating from other human rights instruments in setting the standards against which it will assess the limitations of human rights during COVID-19 outbreak.<sup>7</sup> Firstly, the authors will reflect on the potential contribution of the integrated approach to the proper response of the ECtHR in times of the pandemic. Subsequently, the paper will critically assess to what extent, if any, the ECtHR has taken into account the provisions of the right to health-related instruments in its previous case law on infectious diseases, as well as whether it has gone into that direction in its ongoing

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<sup>3</sup> Greene A. States Should Declare a State of Emergency Using Article 15 ECHR to Confront the Coronavirus Pandemic. 2020. Available: <https://strasbourgobservers.com/2020/04/01/states-should-declare-a-state-of-emergency-using-article-15-echr-to-confront-the-coronavirus-pandemic/> [viewed 16.10.2021.]; Tzevelekos V. P., Dzehtsiarou K. Editorial: Normal as Usual? Human Rights in Times of COVID-19, *European Convention on Human Rights Law Review*, 2020, Vol. 1, No. 2, pp. 141–149.

<sup>4</sup> In this paper, the terms “health emergency” and “public health emergency” will be used interchangeably.

<sup>5</sup> Tzevelekos V. P., Dzehtsiarou K. 2020, p. 145; Jovičić S. COVID-19 restrictions on human rights in the light of the case law of the European Court of Human Rights. *ERA Forum* 21, p. 559, 2021. <https://doi.org/10.1007/s12027-020-00630-w>. p. 559.

<sup>6</sup> See, for example, Dzehtsiarou K. Article 15 Derogations: Are They Really Necessary during the COVID-19 Pandemic? *European Human Rights Law Review*, 2020, No. 4. pp. 360, 361; Tsampi A. 2020.

<sup>7</sup> Gambardella I. 2021.

litigations pertaining to restrictions provoked by COVID-19 pandemic.<sup>8</sup> Finally, the authors scrutinize the relevant health emergency standards stemming from international documents. Building on the proposed integrity approach, guidance on the path to be taken by the ECtHR in the context of health emergencies will be offered, by relying upon theoretical approaches, and standards governing the right to health which are already acknowledged in relevant supranational and international instruments.

## 1. Scope of the integrated approach of the European Court of Human Rights

The assessment in the following paragraphs will be focused only on the extent to which the ECtHR can afford protection to the right to health in the context of health emergencies. It is widely known that, with the exception of the First Protocol that governs the right to property and the right to education, the ECHR focuses almost entirely on civil and political rights.<sup>9</sup> While the right to health as a fundamental economic and social right is not included in the scope of the ECHR, there is a broad spectrum of prescribed limitations of ECHR's rights and freedoms based on the ground of "the protection of health".<sup>10</sup>

The integrated approach is an interpretive technique adopted by the ECtHR, which takes note of social and labour rights in the interpretation of civil and political rights granting them certain protection.<sup>11</sup> A long time ago, the ECtHR in its judgment in *Airey v Ireland* laid the foundations for further development of the integrated approach, holding that "there is no water-tight division separating" socio-economic rights from civil and political rights.<sup>12</sup>

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<sup>8</sup> The analysis of the ECtHR current caselaw relies on the information provided in the ECtHR. ECHR, Press Unit, Factsheet, COVID-19 health crisis of October 2021.

<sup>9</sup> Palmer E. Protecting Socio-Economic Rights Through the European Convention on Human Rights: Trends and Developments in the European Court of Human Rights. *Erasmus Law Review*, 2009, Vol. 2, No. 4, p. 398.

<sup>10</sup> The "the protection of health" is expressly determined as a ground for the limitations of the exercise of the right to respect private and family life, freedom of thought, conscience and religion freedom of expression, freedom of assembly and association and freedom of movement. Moreover, Art. 5 guaranteeing the right to liberty and security of the ECHR also envisages restriction by stipulating that the "lawful detention of persons for the prevention of the spreading of infectious diseases" will not constitute the violation of the right to liberty and security.

<sup>11</sup> The given jurisprudential technique is not characteristic only of the ECtHR, but instead is also applied by other courts in order to protect social and labour rights at international, regional and domestic level. Mantouvalou V. Labour Rights in the European Convention on Human Rights: An Intellectual Justification for an Integrated Approach to Interpretation. *Human Rights Law Review*, 2013, Vol. 13. No. 3, p. 529.

<sup>12</sup> See the ECHR judgment of 9 October 1979 in Case *Airey v. Ireland* (application No. 6289/73, para. 26 as referred to in: Sychenko E. Enlarging the Scope of the European Convention on Human Rights: History Philosophical Roots and Practical Outcomes. *Zbornik PFZ*, 2015, Vol. 65, No. 2, p. 314; Palmer E. 2009, p. 398.

In order to understand the exact scope and nature of the ECtHR's integrated approach in the interpretation of the ECHR, it is important to consider the decision in the case *Demir and Baykara v. Turkey*,<sup>13</sup> which serves as an illustrative example of acknowledgement of the unhindered references to international law, as well as of a high level of the ECtHR's judicial activism in the area of social rights.<sup>14</sup> Taking the systematization offered by Forowicz as a point of departure, with regards to the extent of the reception of international law in the ECtHR, the case *Demir and Baykara v. Turkey* can be considered as an application of "open paradigm", being sharply opposed to instances of the "closed paradigm" characterized by judicial restraint and comparatively sparse referencing to international law.<sup>15</sup> In the given case, the respondent State challenged the use of International Labour Organization (ILO) materials in the interpretation of Art. 11 of the ECHR since it had not signed up to them. However, the ECtHR firmly observed in this connection that in searching for common ground among the norms of international law, it has never distinguished between sources of law according to whether they have been signed or ratified by the respondent State.<sup>16</sup> This approach initially triggered a wave of criticism from both the judges of the ECtHR and scholars, but this backlash gradually dissipated.<sup>17</sup> The ECtHR in its subsequent case law continued to apply the "open paradigm" approach, thus broadening the scope of the ECHR through its interpretation in "harmony with other rules of international law of which it forms part".<sup>18</sup>

Although Mantouvalou argues that the integrated approach to ECHR interpretation still needs a firm theoretical grounding,<sup>19</sup> it seems that Sychenko rightly claims that Sen's theory of capabilities may serve as a solid justification of this method of interpretation.<sup>20</sup> According to the theory of capabilities, the framework of human rights was missing a notion of "basic capabilities", which is understood to imply the necessity of protection of all the rights that influence a person's functioning. Such a notion thus rejects the conceptual differences

<sup>13</sup> ECHR judgment of 12 November 2008 in Case *Demir and Baykara v. Turkey*, Grand Chamber (application No. 34503/97).

<sup>14</sup> Sychenko E. 2015, p. 321.

<sup>15</sup> Forowicz M. *The Reception of International Law in the European Court of Human Rights*. New York: Oxford University Press, 2010, p. 4. as referred to in: Sychenko E. 2015, p. 321.

<sup>16</sup> See ECHR judgment of 12 November 2008 in Case *Demir and Baykara v. Turkey*, Grand Chamber (application No. 34503/97), paras. 85 and 86 referred to as in: Sychenko E. 2015, pp. 321 and 322.

<sup>17</sup> See on criticism: Wildhaber L., Hjartarson A. and Donnelly S. No Consensus on Consensus? The Practice of the European Court of Human Rights, *Human Rights Law Journal*, Vol. 33, No. 7–12, 2013, p. 252. and Nordeide R. *Demir & Baykara v. Turkey – European Court of Human Rights Judgement on Rights of Trade Union Formation and of Collective Bargaining*, *American Journal of International Law*, 2009, Vol. 103, No. 3, p. 572.

<sup>18</sup> ECHR judgment of 7 January 2010 in Case *Rantsev v. Cyprus and Russia* (application No. 25965/04), para. 274.

<sup>19</sup> Mantouvalou V. *Labour Law and Human Rights*. 2016. Available: [https://discovery.ucl.ac.uk/id/eprint/1526806/1/Mantouvalou\\_Labour%20Law%20and%20Human%20Rights.pdf](https://discovery.ucl.ac.uk/id/eprint/1526806/1/Mantouvalou_Labour%20Law%20and%20Human%20Rights.pdf) [viewed 18.10.2021.].

<sup>20</sup> Sychenko E. 2015, pp. 315–316.































